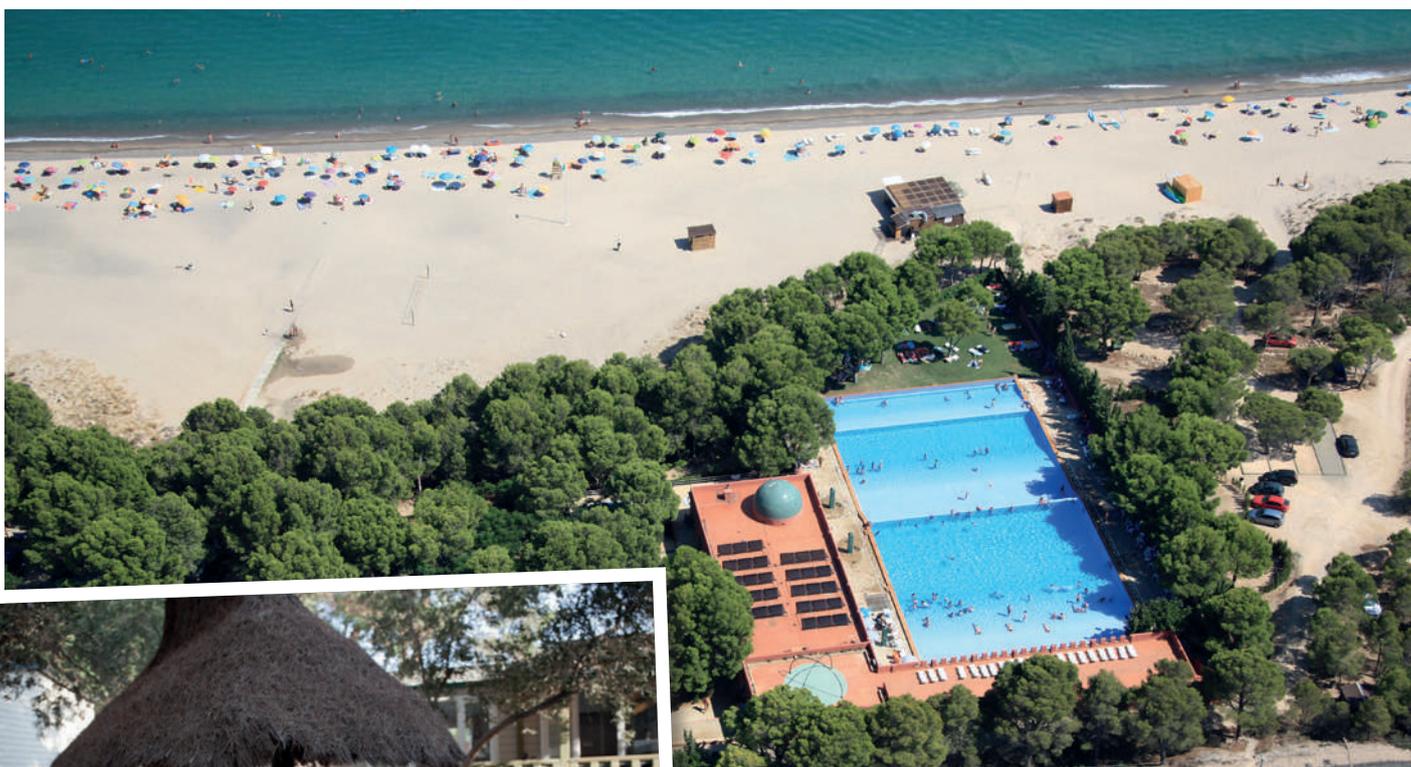




August 2021 Federations Focus

International Naturist Federation Newsletter

Camping **El Templo del Sol**



Surely there could not be a better place than El Templo del Sol to celebrate the 40th anniversary of the Spanish Naturist Federation (FEN). Our campsite and the FEN have lived since their respective beginnings a parallel trajectory that has coincided (and more will coincide in the future) a lot of times.

Unfortunately, Spain still has very few naturist centres, despite the fact that our country has very special beaches and environments where nudism is practised with all the guarantees, as well as one of the most tolerant and advanced legislations in the whole of the European Union.

But we believe that El Templo del Sol should be given special consideration for its tourist potential and international recognition. Therefore, once again, we are extremely pleased to welcome to our facilities the Spanish naturist family, and a significant international representation.





and, in particular, the beach of El Torn, one of the most beautiful beaches on the Mediterranean coast and a bastion of naturism in Catalonia for several decades now.

A campsite is a private business. And it must be financially sustainable. But we must admit that we are extremely fortunate to have clients with the personal and human quality offered by the good naturist people, with their environmental commitment and their incorruptible ethical and humanistic values.

The City Council of l'Hospitalet de l'Infant and other administrations responsible for the beach of El Torn, campsite El Templo del Sol, the Catalan naturist associations and the FEN, together with the international federation INF-FNI, form an indissoluble whole that must continue working as a team to expand naturism in our country and at the same time promote it as an unbeatable option for leisure and holiday time.

Manel Vilajosana
Director Camping El Templo del Sol

We are sure that the Templo del Sol, benefiting from its location next to the incomparable El Torn, can be considered a symbol and a first-class reference point for naturism in Southern Europe. A series of circumstances support this statement: modern and unique facilities, suggestive architecture, a firm commitment to wellness and the pleasures of water



LE BETULLE Villaggio Naturista

Near the Alps, at 25 km from the center of Turin, 20 minutes from the airport Caselle. Caravans, plots for Recreation Vehicles and tents, completely equipped bungalows, caravans with chalet. Pool, solarium, jacuzzi and sauna. Clubhouse restaurant, petanque, mini-tennis, table tennis, Volleyball. Mountain bike circuits and trails in Park Mandria

Sights: Venaria Royal Palace and Park, St. Michele Abbey, Rivoli Castle, Mole Antonelliana, Egyptian Museum, Piazza S. Carlo, Basilica of Superga.

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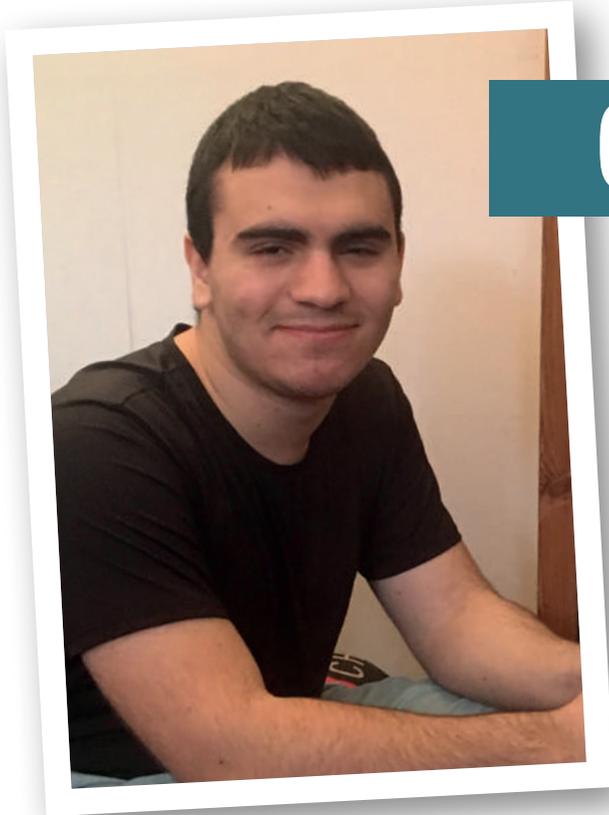
Liechtensteiner
Naturisten Verein



UNI . Unione
Naturisti Italiani

Naturists talk

Portraits of naturists from all over the world.



Carlo

I am Carlo, a disabled guy. My culture, of which I am proud, has always been that of a naturist and I have in fact frequented naturist campsites since I was a child.

In 2018, while touring around Varallo, I heard talk about naturism right there in the town. I became curious, and in the following days I inquired about this topic: it was indeed true what they were saying in the square! I couldn't believe that a naturist beach was to be inaugurated in Varallo! The very beach I've always wanted! After a month I wrote to the mayor to ask him whether he could give me some more information on the naturist beach project, one that made me really happy. It was true: an area dedicated to naturism was about to be designated in Varallo Sesia and I couldn't wait for this initiative to start.

I was interested in the project, even though I was aware that I would be criticised by some local people. I thought that the ordeal of having to travel to the most hidden places in the country to sunbathe naked, always with the anguish that someone could see me and report me for obscene acts in a public place, was finally over.

When the big day arrived on which ANITA (Associazione Naturista Italiana), with the authorisation of the municipality of Varallo, gave the green light to the official opening of the naturist beach in the Balangera area of Varallo Sesia, the deputy mayor and local journalists were present. From the first moments I felt the warmth of a large family. All - and I mean all - of the members of the association were interested in me. I can't walk... but three people from the association, whom I had never seen before, came up to me and said: „Carlo, are you coming with us?“ and they took me in their arms, taking me from the parking lot to the field below the river Sesia. Here I began to introduce myself and got to know everyone.

I hadn't been to the beach for years, because on textile beaches, where people think they're so civilised, there is an obligation to wear a bathing suit, and no one talks to neighbours under their umbrellas, nor do they help others. For this reason, I never went to the beach, but I preferred to travel to the country.

In the days following the inauguration of the beach, back in the village people I knew came to criticise me. But I thought in my heart that I wasn't doing anything wrong by going to a naturist beach. At the same time, in churches, museums, exhibitions and even on TV there are nudes, but no one says anything, because, evidently, by now we are used to them and no longer notice them. So, if I had been an artist or a movie star, would they have said something to me?

For me, being a naturist means going to the beach, not to be seen by others, but only to feel good about myself and to realise that in experiencing nudity there are no differences between men and women.

I am convinced that, even if I am disabled, I shouldn't have to hide in the shadows my whole life, where some people with so-called good intentions would like me to stay. We disabled people also have certain desires.

To conclude, I can say that, even if they laugh at me or criticise me, I always walk with my head held high, as they are in fact the ones who should feel ashamed for thinking badly of me and of those who practise naturism, because naked or dressed, I'm still Carlo.

I thank the members of ANITA, thanks to whom I am able to participate in many events - ranging from the naturist campsite of Costalunga, to walks,

gatherings and meetings on the web - and for their enthusiasm towards me.

Finally, I hope one day to realise my dream, to have the opportunity to take a holiday, in Italy or abroad, in a naturist campsite with all my friends.

I also add that the ANITA association has helped me a lot in every sense. Naturism is art.



Nacho Torremarin

What brought you to naturism?

I have been a Naturist since I was 20 years old (I am 63 in November). I belong to a very Puritan, Catholic family where nudity was something unnatural and almost sinful. I felt and knew how wrong they were and maybe as a rebel reaction I started to attend nudist places and beaches. In a way, I have to be grateful for my uptight upbringing that encouraged me to be free.

Were you already disabled?

I had polio when I was six months old and walked with crutches all my life until 1993 when I had an emergency operation, after which I could no longer use crutches but only a wheelchair.

Up to that point, I could access most naturist beaches, sites and swimming pools. The problem arose when, in a wheelchair (especially in a powered one), independent access to places became an impossibility. A huge percentage of naturist beaches and resorts are hidden away down paths and cliffs where one can only access by walking, climbing or jumping so I became a naturist

mainly at home, indoors or in my garden when I have one. I sometimes go to El Portus which is quite accessible but also quite expensive because I can only rent an adapted flat at Hacienda Montalbo, as the other bungalows are not wheelchair friendly. Camping, unfortunately, is out of the question for me.

What has naturism brought to your life?

Naturism brought me freedom, respect, integration and, most important of all, acceptance of how I am and how I look.

The word that best sums up naturism is respect.

Do you feel better treated by naturists than by textiles?

I have always felt better amongst naturists than textiles. There is a sense of acceptance, freedom and honesty. Naturists don't judge how you look and see the person as it should be. I do believe nudism is the natural way, the way we were born and for a reason. We are all equal when we are naked, and our differences become a sort of uniqueness in a free and natural way.

Are naturist clubs and resorts easy for you to access?

I have no knowledge of clubs in my area and the only resort is El Portus, 100 km away. Taxi, accommodation.... a very expensive way to enjoy the company of fellow naturists but sometimes I just need to do it. I will try to go this year (COVID permitting) to the South European INF-FNI meeting.

49th Alpe Adria meeting

Last time I participated this meeting previously was in the year 2010, 11 years ago. Inevitably I remembered a lot of our departed good and intelligent friends, Adolfo and Joško, RIP.

This year (from Sunday 06/06/21 to Sunday 13/06/21), due to the restrictions of the Covid 19, many usual participating federations couldn't join us: FENHU (Hungary), FENAIT (Italy), LNV (Liechtenstein), etc. And we missed them, too.

But still ZDNS (Slovenia), ÖNV (Austria), DFK (Germany), DNH (Croatia), FLN (Luxembourg), FEN (Spain), TNC "Naturway" (Russia), could meet each other again and make new naturist friends.

Special thanks to Sebastian for his "Wake-up Movement" morning sessions and "Singing Bowl" afternoon sessions; also special thanks to Karin and Eckhard for their dedication in Qi gong, Fairytale Storytelling with Creative Dancing; besides the Sports Competitions.

These started with Chess, resulting ZDNS as First place and FEN as second. Regarding Table-Tennis, the ranking in Men's category was:

1. ZDNS, 2. ÖNV, 3. ZDNS;

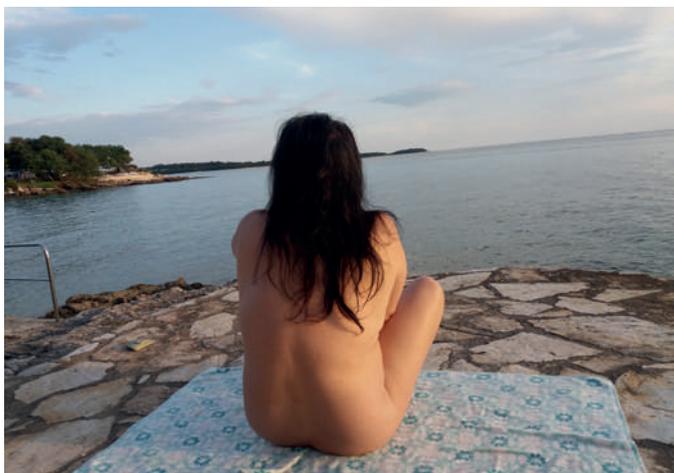
in Women's: 1. ÖNV, 2. FEN.

Regarding Pedalo, Mixte: 1. ZDNS, 2. ZDNS, 3. DNH; Single: 1. ZDNS, 2. ZDNS, 3. DNH, too.

As for the Petanque, ZDNS also gained the First and the second rankings.

The Meeting concluded with Gala dinner in Solaris as farewell party, hoping to meet again soon each other and expecting to be able to gather more federations and their members for the next 50th meeting in 2022 free of covid.

Sook-hwa Noh,
EuNatCom Sports Officer



Events

03.09. - 05.09.2021 Petanque

MNE in Oasis Naturist Camping, Hungary
Organised by FENHU, Contact: eu-office@inf-fni.org



17.09. - 25.09.2021

Familientreffen Süd Europa

El Portús - Cartagena - Murcia (Spain)
Organised by FEN, Contact: fen@naturismo.org



Focus October

Deadline to remit articles:
20th September 2021

Release of Focus latest:
05th Oktober 2021