



„Nude to the bowling, the techno-club, to the restaurant. Paris is a Naturist Paradise! “



The French capital undresses more and more.....

Here the naturists can drop their clothes not only at sports, in the restaurants and in the Museum. Recently people also go all nude into the Techno-Club - and a naturist theatre is also being planned.



Well, good appetite! In the „O’Naturel”, the name is the program. Picture: ANP Associations des Naturistes de Paris

No other metropolis boasts such a huge variety of offers to the naturists. This is mainly thanks to the “Association des Naturistes de Paris” (ANP), which campaigns for naturism and which organizes a lot of naked events - also during the cold season.

During summer people take off their clothes especially in the naturist zone of the city park “Bois de Boulogne” - the meeting place of the scene. During winter the naturists meet for dinner, dancing and common sports.

According to ANP even tourists are welcome to experience the bare Paris. Only condition: undress!

Here the best hints and addresses:

NUDE-RESTAURANT „O’NATUREL”

It is now nearly one year old, the first restaurant in the city, where guests sit at the table all nude. The small and cosy place „O’Naturel” is located in the 12th Arrondissement in the south of the city and serves classical French cuisine - by the way by dressed staff. For hygienic reasons the chairs are covered with black sheets, which are washed after each guest. Cell phones must stay in the locker room, taking pictures is strictly forbidden.

Guests are encouraged to reserve in advance.



Na dann, guten Appetit! Im „O’Naturel”, zu deutsch „Natürlich”, ist der Name Programm. Foto: ANP

SPORTS ACTIVITIES

The naturists in Paris do a lot for their bodies - after all they gladly show their bodies! There are plenty of possibilities to do sports being nude: three days a week (Monday and Wednesday from 21.00 till 23.00, Friday from 21.30 till 23.30) the 50-meter basin in the public bath of Roger Le Gall becomes a naturist zone, besides swimming water aerobics is also on the schedule.

The first visit is free of charge, but a reservation is required, thereafter guests pay 10 EUR.

Good to know: even when swimming nude a swimming cap is required, as in all French baths.



3 days a week guests are allowed to swim nude, cap is required. Foto: ANP





“People from all over the world visit us”, says Laurent Luft, the President of ANP. “For the tourists in Paris the Eiffel Tower and the Louvre are a must. For the naturist fans among them a visit of our events is always added.”

The fitness centre of the public bath is available to the naturists even five evenings per week: From Monday till Friday people are working all nude, they must then spread a large towel. Aerobic, Yoga and other courses are also offered - all of that without disturbing clothes.



For the members of the ANP all naturist sports events are free of charge. The membership costs 140 EUR per year.

The organization is particularly proud of organising the world's largest nude bowling event, 137 persons had participated at the last event. There will be a tournament in 2019 again, the date is not yet fixed.



The largest nude bowling in the world also happens in the French capital. Picture: ANP Associations des Naturistes de Paris

NUDE IN THE MUSEUM

On 5th May 2018 the organization had invited naturists to the Museum Of Art “Palais de Tokyo”. The rush was enormous: 161 people in their birthday suit were allowed to enter. 31.000 persons were on the waiting list! Given this tremendous success similar actions will follow.



Enjoy art without clothes: this very special experience was possible on 5th May in the Palais de Tokyo. Picture: Mathieu Faluomi

NUDE IN THE DISCO

Those who also would like to dance nude during the night, can do this in Paris: In June the event “Beautiful Skin - Clubbing Naturiste” took place in the Club “Point Éphémère”. This has absolutely nothing to do with a Strip- or Swinger-Club, but it is just about the pleasure of nude dancing!

Further projects, including a nude theatre are being planned, reveals the ANP President Laurent Luft. In addition, Paris hopes to host the International Nude Swimming Gala in October 2019 - but this is not yet confirmed.

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Nude tour to the Eiffel Tower in Paris. Picture Mathieu Faluomi



„Tambaba Open 2018: Nacktes Surfen geht weiter“



FKK Gruppen aus weiteren Teilen des Landes kamen um der Veranstaltung ihr Ansehen zu verleihen und Freude sowie Teilnahme zu fördern. Fotos: Pedro Ribeiro

Twenty athletes signed up for the various categories of the 11th edition of the Tambaba Open Nude Surf Championship.

Tambaba beach remains as marvellous and beautiful as ever, but on the 7th September Independence Day holiday weekend it shone even brighter. It was the 11th edition of the Tambaba Open of Naturista Surfing, the traditional sports competition that brings young naturist surfers to the town of Conde for this special competition. It started exact-

ly 10 years ago as one of the attractions of the XXXI International Congress of Naturism held at the idyllic naturist beach in 2008. Since then the Movimento Nu [NUDE Movement] has been annually organizing the event, the world's only naturist competition of its kind.

Athletes earn points towards the state championship, as the tournament is recognized by the Paraíba Surf Federation. The judges who score competitors' manoeuvres are members of the state surfing commission. All this officiality does not prevent naturist outfits for everyone: athletes, judges and spectators are all naked. But for the competition heats the athletes wear coloured shirts allowing the judges to tell them apart on the waves. Many naturists come to Tambaba beach especially to watch the competition, further increasing tourist traffic in the region.

From Rio Grande do Norte a large part of the NURN group's membership, led by president Samuel Cunha, came to celebrate the event in a joyful and fun way. From Pernambuco six young naturists camped on the beach just to be able to participate in the naturist sports experience as well as enjoy the beach. From São Paulo, Sérgio Bigarini and Maurício Borin, members of the NIP (Upstate São Paulo Naturists), came and even brought prizes for the winners. Also the president of the FBrN (the Brazilian Naturist Federation), Pedro Ribeiro was present and participatory. And the beach was crowded with anonymous bathers.

In all editions there are first-timers in surfing naked and sometimes first-timers in naturism as well. This is the case of civil fire-fighter student Dhiego Santos, 23 years old, from the municipality of Conde.



Carlos Santiago ist der Gründer und Koordinator des NU-Surf Projektes



Dhiego Santos surfte zum ersten Mal in seinem Leben nackt.



Reginaldo Filho hat an mehr Tambaba Open teilgenommen als fast irgendein anderer.



Despite being a friend of almost all of the „gang“ enrolled in the competition, he has only now decided to overcome his fear of practicing Naturism, and he is almost a newcomer to surfing as well, since he has only surfed for about three months. „At first you get a little shy, but then you get used to it and it’s good,“ confesses Dhiego, who competed in the beginner category. Besides surfing, his other hobby is photography. After his performance in the waves of Tambaba, he said that the experience was „super“ and that he will always return to the beach to practice naked surfing.

On the other end of the curve, exactly in the position of super-experienced in naked surfing is veteran Reginaldo Filho, competing since the first edition in 2008. He is one of the promises of Paraiba’s and Brazil’s surfing scene because of the high quality of his performances in the varied waves of the beaches of the North-eastern states. He has already been a two-time Paraiba champion, and runner-up and Brazilian champion in the junior category. Here in naked surfing he is almost unequalled because he won trophies in all the editions, and in almost all took first place. All this done by a boy of only 15 years of age. Nephew of several other surfers and especially son of Reginaldo da Silva (known here as Reginaldo Pai [Father]), another competitor of the Tambaba Open since the first edition, heredity spoke but also Reginaldo (the son) is always training and never losing focus. Even with so much dedication to the sport he does not neglect his studies. He is a primary school student of a school in the county of Conde where he was born and lives.

Reginaldo Filho discovered Naturism after surfing, but nowadays Naturism has come to stay in his young life, constantly training in the Tambaba area. For the immediate future he dreams of being Brazilian champion, and, if he is mirrored in world champion Gabriel Medina, his idol, he also dreams of being world champion. His excellent perfor-

mances have given him help from the City Hall to participate in official competitions outside the city. And at the end of the year he has been invited to train in Rio de Janeiro during his school holidays, but that is conditioned to his radical manoeuvres also in the classroom.

Reginaldo Pai also has excellent performances in the naked surf competition and thinks that he ended up transferring his own dream of being a professional surfer to his son, giving him opportunities that he did not have. In this edition of the Tambaba Open he competed with his own son in one of the categories. The tournament results are below.

On Saturday night the band Reggaer played at the traditional Reggae party at the Arca do Bilú lodge. Hundreds of young people gathered to fraternize and dance to the moody sound of other guest groups.

The Tambaba Open Naturist Surfing Championship is the principal naturist sports competition in Brazil, a showcase which introduces many young people to our lifestyle.



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„A summer at the Parco del Gargano“



One day I receive a phone call from Maria inviting me to spend a period of rest at her holiday centre. My surprise and joy are immense and I decide to leave Turin to reach the beautiful and welcoming Puglia. I organize with the train from the station of Porta Susa with the FRECCIA ROSSA to Rome and then from Rome to Foggia.

In Foggia I take the train that crosses the Gargano, from the window, I begin to savour the magnificent landscape. The hours spent on the train are immediately repaid by the fabulous landscape of olive groves and Lake's Varano. Waiting me at the station is one of the staff, whom I do not know before, but with whom we immediately get in touch and start to feel like family. Arrival at the campsite and the warmth and generosity of Maria welcome me in a hug. Dinner time has passed but Maria has decided to refresh me after the long journey. The atmosphere of party, warmth and friendship from all of me immediately pervades and suddenly the fatigue of the journey passes between the music and the songs all in joy.



The next day, a delicious breakfast, I begin to enjoy the warm June sun by the pool lulled by the background music and begin to familiarize with the other guests of the camp and with other staff's members. Lunch time arrives and all together,



guests and staff, we eat at the wooden table tasting the fabulous dishes of Maria admiring the beautiful landscape of from the pool, the sea, the sky so blue.

It immediately becomes part of a large family, and there all are for the others without distinction between staff and guests.

The structure is well organized, every request is immediately answered and there is also the possibility to use the therapeutic massage service performed by professional masseurs.

In the following days, the staff is joined by a boy, a member of the ANP association, Bari named Giuseppe, who reaches the campsite by bus, for about four years, which who deals with the bazaar and other tasks. The first group of guests arrives and I am also involved in the staff to help and ensure that everything is done in the best possible way. The care and attention to the small details with which Maria prepares her dishes and drinks are unique.

The love that Maria transmits in the care and attention of her guests is the soul of this campsite. Within this way in the staff or better in the great family of the Park composed of Franco, Piero, Natasha, Angela, without forgetting Matteo, nephew of Maria who takes care of the management, assisting the grandmother in the difficult task of managing reservations and all the rest in particular of the Bar. I adopt him immediately as a son. The days at the resort pass quickly between joy, songs and fun while still working. Maria and her exceptional staff overwhelm me with their joy and I begin to think of the return home that is getting closer but I continue to delate.

At the camp in addition to the pool and services that I mentioned previously, it is possible to practice Silvotherapy. Archaeological tours of the sites in the surrounding area are also organized.



Michele, a friend of Maria and therefore of everyone, organizes Naturist's boat trips to visit the caves and spend the day at sea, all with fresh drinks and wine, focaccia, is then organized, always by the very nice captain, fishing himself, delicious dishes of mussels and sea urchins, prepared at the time and to finish a dish based on shrimp, mussels and fried bread, all served directly in the water, a beautiful day that binds all the more.

It is also possible to visit the beautiful Peschici, the Castel del Monte of Frederick II of Swabia, the city of Trani with its Cathedral, the Cantina della Disfida of Barletta with its Colossus and the Tremiti Islands with their crystalline sea. An ensemble of culture and entertainment guaranteed without forgetting the gastronomic specialties of the region including the Paposcia Vichese and the famous Nero di Troia wine.

In the meantime, the staff are joined by guys who bring their joy and love reciprocated to Mary, who treats them all as sons, and their joy of living and thus increases the family of the Park.

At a certain point I have to return home but the atmosphere and love transmitted by Maria begin immediately to be felt and so I decide to return to this magnificent place.

This time I decide for the plane, so I reach Bari and directly, through Manfredonia, the beautiful salt pans of Margherita di Savoia with the pink flamingos resting and the beautiful cliffs overlooking the sea, to the station of Calanella, where to welcome me is a very happy Piero, back to the Park turning my holiday of fifteen days, throughout all season. The Parco del Gargano is a magical and unique place. Maria, Matteo, Franco, Angela, Natasha and Piero, with all the others you helped to make me a new person and show me that Love and Friendship still exist. So I do not have to advise everyone to come to the Park to live this unique and unforgettable experience. You have all entered my heart.

THANK YOU, ROSITA

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